

## COMBO SPECIALS

**8 pc Nigiri  
& 1 House Roll**  
23.95

**3 House Rolls**  
17.95

**2 House Rolls  
& 1 Specialty Roll**  
24.49

**1 House Roll  
& 1 Specialty Roll**  
18.50

**2 Specialty Rolls**  
24.49

## LUNCH SPECIALS

Mon-Fri 11am-3pm  
Served with salad, miso soup or soup  
of the day

**6 pc Nigiri and  
1 House Roll**  
16.25

**2 House Roll**  
11.95

**1 Specialty Roll and  
1 House Roll**  
16.25

**1 House Noodles**  
11.95

All entrees come with soup  
for lunch special

## STARTERS

<b>Sushi Bon Bons</b> (3 pcs) Mini rice rounds with salmon, tuna, yellowtail, ginger wasabi and spicy mayo inside	11.95
<b>Crispy Rice Cakes</b> Topped with your choice of spicy tuna, salmon, or kani	11.95
<b>Edamame</b>	6.95
<b>Crispy Honey Chili Krab Sticks</b> Tempura krab sticks w sweet and spicy chipotle honey chili sauce	9.75
<b>French Fries</b> Choose regular/spicy/roasted garlic	6.95
<b>Tempura Onion Rings</b>	8.75
<b>Grilled Salmon Skewers</b> Served with ginger teriyaki dipping sauce	11.95
<b>Salmon Tataki</b> Marinated seared salmon slices with teriyaki, cucumber and scallion	10.95
<b>Peppered Tuna Tataki</b> <b>NEW</b> Seared peppered tuna slices w teriyaki, cucumber and scallions	13.95
<b>Spicy Sushi Pizza</b> (tuna or salmon) <b>NEW</b> Crispy tortilla, scallion and masago w. spicy, sweet sauce	11.95
<b>Avocado Bomb</b> <b>NEW</b> Choice of spicy tuna or salmon wrapped in avocado w sweet and spicy sauce served w/ crispy tortilla chips	11.95
<b>Sushi Poppers</b> Fried rice poppers spicy tuna filled center. Served with teriyaki	10.95
<b>Tempura Vegetables</b> <b>NEW</b> Tempura style sweet potato, carrot, zucchini and onion, w teriyaki dipping sauce	10.95
<b>Tuna Ceviche</b> Tuna, marinated with citrus ginger soy sauce, with cucumber and avocado	12.95
<b>Vegetable Gyoza Dumplings</b> 6pcs Dumplings steamed or fried	9.75
<b>Ahi Nachos</b> Ahi tuna cilantro, scallions, bell peppers, ginger soy, served with crispy "home made" nacho chips	10.95
<b>Fish Tacos</b> 2 pcs Lettuce, blackened mahi mahi in soft shell taco with pickled shallots, fresh basil, chili flakes, ginger dressing	10.95
<b>Sweet Potato Fries</b> Sweet potato wedges coated with tempura batter, sweet and spicy bbq spice	9.75

## SALADS

<b>Asian Green Salad</b> With ginger dressing – mesclun greens, cucumber, cherry tomato, red onion	7.50
<b>Citrus Salad</b> Baby spinach, orange segments, wasabi soy nuts, dried cherries, shallots w/ ginger lime vinaigrette	13.00
<b>Grilled Sesame Salmon Salad</b> Baby spinach, cucumber, grilled sesame crusted salmon, cherry tomatoes, red onion, ginger lime dressing	17.49
<b>Seared Tuna Salad</b> Mesclun greens, cucumber, seared tuna, scallions, cherry tomatoes, soy balsamic dressing	17.49
<b>Shredded Spicy Kani Salad</b> Shredded kani, cucumber and carrot, spicy sauce and sesame seeds	9.75
<b>Marinated Edamame Salad</b> Edamame beans in ginger soy marinade with shallots, mango, baby spinach	11.95
<b>Wild Mushroom Salad</b> Mesclun greens, sautéed wild mushrooms, cherry tomatoes, avocado, smoked almonds, scallions, soy balsamic	13.95

## FISH ENTREES

<b>House Seasoned Grilled Salmon</b> <b>NEW</b> Served with steamed brown rice and sautéed squash medley	19.50
<b>Grilled Salmon Teriyaki</b> Served with wasabi mashed potatoes and garlic haricot vert	19.50
<b>Honey Pecan Salmon</b> Honey pecan glazed grilled salmon served with garlic mashed potatoes and sautéed squash	19.50
<b>Peppercorn Tuna</b> Peppercorn crusted seared ahi tuna served with garlic spinach and scallion rice	21.75
<b>Fish n Chips</b> Crispy fish fillets served with crispy French fries and tartar sauce	17.49
<b>Sesame Fish</b> Served with white rice	17.49

## SOUP

<b>Miso Soup</b>	4.95
<b>Soup Of The Day</b>	5.95
<b>Udon Noodle Soup</b>	10.95

## HOUSE NOODLES

GLUTEN FREE  
OPTIONS AVAILABLE

<b>Chili Noodles</b> Rnr thick noodles, jalapeno, scallion, cabbage, bell pepper, chili pepper sauce	10.95
<b>Wild Mushroom Noodles</b> Udon noodles, wild mushroom medley, scallions, honey miso garlic sauce	10.95
<b>Grilled Fish Noodles</b> Rnr thin noodles, smokey grilled salmon, bell peppers, carrot, scallions, ginger bbq sauce, tempura crunch	11.95
<b>Vegi Noodles</b> Ramen noodles, zucchini, carrot, scallions, peppers, baby corn, tofu, honey miso garlic sauce	10.95
<b>Pad Thai Style</b> Rice noodles, scallion, bell peppers, crispy egg, mushrooms, crushed peanuts	10.95
<b>Forest Noodles</b> Spinach noodles, zucchini, scallion, caramelized onions, baby spinach, tempura crunch, teriyaki	10.95
<b>Garlic Noodles</b> Thick wonton noodles, roasted, crispy garlic, garlic teriyaki, caramelized onion, peppers	10.95
<b>Firecracker Noodles</b> Udon noodles, habanero cream sauce, roasted peppers, caramelized onions, scallions, tempura crunch	10.95
<b>Thai Peanut Noodles</b> Rnr thin noodles, spicy thai sesame peanut sauce, scallion, bell peppers, crushed peppers	10.95

## ROCKIN SANDWICHES

Served on a multi grain roll, w/ French fries or tempura onion rings

<b>Portobello Griller</b> Grilled marinated Portobello mushroom, caramelized onion, baby spinach, roasted garlic spread, balsamic reduction	13.95
<b>Garlic Tofu Schnitzel</b> Schnitzel crusted tofu, sweet grilled tomato, mesclun greens, roasted garlic aioli	13.95
<b>Zesty Salmon Salad</b> Flaked poached salmon, fresh herbs, grilled onions, baby spinach, tartar	15.95
<b>Sesame Tuna Wasabi</b> Seared sesame crusted tuna, scallion, cucumber slaw, wasabi aioli and mesclun greens	15.95
<b>Crispy Fish</b> Crispy tempura fish fillet, mesclun greens, creamy tartar, roasted garlic spread	15.95
<b>Chipotle Salmon</b> Bbq glazed grilled salmon, sweet onion jam, mesclun greens, chipotle bbq sauce, crispy sweet potato chip	15.95

# MENU



**201-499-ROLL**  
(7655)

[WWW.ROCKNROLLTOGO.COM](http://WWW.ROCKNROLLTOGO.COM)

order online

**WE DELIVER**

1448 Queen Anne Road • Teaneck, NJ  
07666

Under strict supervision of R.C.B.C

**HOURS**

SUN-THURS 11AM - 10PM  
FRI 11-4 (SUMMER) • 11-2:30 (WINTER) SAT  
40 MIN AFTER SUNDOWN • TILL 12AM

## SPECIALTY ROLLS

<b>Rock n Roll</b> Seared peppered tuna, avocado, w/ spicy salmon, crunch and spicy mayo on top	12.95
<b>California Salmon</b> California roll, salmon and masago on top	12.95
<b>Caribbean Dream</b> Salmon, mango, avocado, masago	12.95
<b>Citrus Crunch</b> Avocado, kani, scallion, with yellowtail and lemon crunch on top	12.95
<b>Mapleicious</b> Smokey chipotle seared salmon, mango, avocado with masago and pure Vermont maple syrup drizzle on top	12.95
<b>Crazy Tuna</b> Spicy tuna, avocado w/ spicy mayo, masago and tuna on top	12.95
<b>Crunch</b> Salmon, tempura flakes, cucumber, carrot, spicy sauce	11.95
<b>Dragon</b> Spicy tuna, avocado on top	12.95
<b>Salmon Dragon</b> Spicy salmon, avocado on top	12.95
<b>Mamamiya</b> Salmon, avocado, caramelized onions, crunch, w/ salmon, masago, teriyaki and spicy mayo	12.95
<b>Mexican</b> Spicy salmon, jalapeno, avocado, scallion, lime	12.95
<b>Nutty Tuna</b> Spicy tuna, peanuts, avocado, cucumber, tomago	12.95
<b>Passion</b> Tuna, avocado w/ yellowtail and sriracha on top	12.95
<b>Rainbow</b> California inside w/ salmon, tuna, yellowtail, avocado and masago on top	12.95
<b>TNT</b> Spicy tuna, scallion, avocado, jalapeno, crunch, spicy sauce	12.95
<b>Yamato</b> Spicy tuna, avocado w/ peppered tuna, masago and spicy sauce on top	12.95
<b>Viper</b> Seared blackened salmon, avocado, mango, masago w/ habanero and sweet sauce	12.95
<b>Mega</b> Spicy tuna, crunch, avocado, scallion, masago and chili lime dust	12.95
<b>Sushi Lover</b> Tuna or salmon inside, avocado w/ spicy tuna or salmon on top	12.95

## SUSHI SANDWICHES

<b>Mamamiya</b> Salmon, avocado, caramelized onions, crunch, w/ salmon, masago, teriyaki and spicy mayo	13.95
<b>Spicy Kani Avocado</b>	12.95
<b>Spicy Salmon Avocado</b>	12.95
<b>Spicy Tuna Avocado</b>	12.95
<b>Grilled Salmon Avocado</b>	12.95



## HOUSE ROLLS

<b>California</b>	5.99
<b>Kani</b>	5.99
<b>Spicy Kani</b>	6.50
<b>Spicy Kani Cashew</b>	6.50
<b>Phili Roll</b> (smoked salmon, imitation cc, cucumber)	6.50
<b>Salmon</b>	6.50
<b>Salmon Avocado</b>	6.50
<b>Salmon Cucumber</b>	6.50
<b>Spicy Salmon</b>	6.50
<b>Firey Salmon</b>	6.50
<b>Yellowtail</b>	7.50
<b>Spicy Yellowtail</b>	7.50
<b>Tuna</b>	6.50
<b>Tuna Avocado</b>	6.50
<b>Spicy Tuna</b>	6.50
<b>Firey Tuna</b>	6.50
<b>Honey Tuna</b>	6.75
<b>Peppered Seared Tuna</b>	6.95
<b>Peppered Seared Tuna Avocado</b>	7.35

## COOKED ROLLS

<b>Crispy Salmon Skin</b>	7.50
<b>Grilled Blackened Yellowtail</b>	7.50
<b>Grilled Portobello Mushroom</b>	7.50
<b>Grilled Salmon Teriyaki</b>	7.50
<b>Grilled Tuna Teriyaki</b>	7.50
<b>Kani Tempura</b>	6.95
<b>Sweet Potato Tempura</b>	6.95
<b>Tomago</b>	6.95
<b>Onion Crunch Roll</b> <span style="background-color: yellow; border: 1px solid black; padding: 2px;">NEW</span>	6.95
Tempura onion w/ sweet, white sauce	
<b>Mango Roll</b>	8.25
Mango, kani tempura, avocado, crunch, w/ spicy mango sauce	
<b>Spider</b>	8.25
Kani tempura, cucumber, avocado, crunch, spicy and teriyaki sauce drizzle	
<b>Crackle</b>	13.95
Crispy salmon, avocado, cucumber w/ spicy kani, crunch, spicy and sweet sauce on top	
<b>Vidalia</b>	13.95
Grilled salmon, Vidalia onion, crunch, avocado, cucumber, spicy and teriyaki sauce	
<b>Volcano</b> <span style="background-color: yellow; border: 1px solid black; padding: 2px;">NEW</span>	13.95
Cooked salmon, avocado, jalapeno, wrapped in tempura kani w/ sweet and spicy sauce new	

## TEMPURA ROLLS

<b>Kani Monster</b>	12.95
Kani roll, tempura style with spicy sauce and teriyaki	
<b>Monster</b>	13.95
Salmon, kani, tuna, tempura style with spicy sauce and teriyaki	
<b>Salmon Tempura</b>	13.95
Salmon roll, tempura style with spicy sauce and teriyaki	
<b>Godzilla</b> <span style="background-color: yellow; border: 1px solid black; padding: 2px;">NEW</span>	13.95
Salmon, tuna, kani, avocado tempura with teriyaki sauce	
<b>Animal</b>	13.95
Sweet potato tempura, salmon, kani, caramelized onions, topped with wasabi mayo	
<b>Hot Kani</b>	14.95
Kani tempura, sweet potato, tempura style with crunchy, spicy kani, spicy mayo and teriyaki on top	

## HAND ROLLS

<b>Kani</b>	5.50
<b>Salmon</b>	5.75
<b>Spicy Salmon</b>	5.99
<b>Peppered Tuna</b>	6.25
<b>Spicy Yellowtail</b>	7.50
<b>Tuna</b>	5.99
<b>Yellowtail</b>	7.50
<b>Spicy Tuna</b>	5.99

## SASHIMI/NIGIRI 2PC

<b>Kani</b>	4.75
<b>Peppered Seared Tuna</b>	5.99
<b>Salmon</b>	4.95
<b>Tuna</b>	5.75
<b>Yellowtail</b>	5.99

## VEGETABLE ROLLS

<b>Avocado</b>	5.50
<b>Cucumber Avocado</b>	5.50
<b>Cucumber</b>	5.50
<b>Garden Roll (carrot, cucumber, avocado)</b>	5.50
<b>Carrot</b>	4.95
<b>Pickled Daikon</b>	5.99

## VEGGIE SPECIAL ROLLS

<b>Sweet "p"</b> Sweet potato tempura, carrot, avocado, spicy mayo, sweet potato crunchies, teriyaki	11.95
<b>Green Crunch</b> Cucumber, avocado, spinach, crunch, wasabi mayo	11.95
<b>Tropical</b> Mango, daikon, cucumber, pickled ginger, carrot, mango jalapeno sauce	11.95
<b>Veggie Monster</b> Cucumber, avocado, carrot, spinach, sweet potato	11.95
<b>Nut Job</b> Avocado, cashew, peanuts, cucumber, spicy sauce teriyaki and crunch	11.95

## NO RICE SPECIALTY ROLLS

<b>Blizzard</b> Salmon, tuna, yellowtail, kani, avocado, cucumber, spicy tuna, wrapped in soy wrapper	16.25
<b>Paco</b> Spicy shredded kani, peppered tuna, avocado, wrapped in soy wrapper	16.25
<b>King</b> Salmon, yellowtail, scallions, oshinko, ginger, jalapeno, avocado, wrapped in soy paper topped with spicy mango sauce	16.25
<b>Dream</b> <span style="background-color: yellow; border: 1px solid black; padding: 2px;">NEW</span> Spicy tuna, salmon and avocado wrapped in cucumber -cut in 6 pcs	12.95



## PARTY PLATTERS

**Any**  
5 Specialty rolls  
**58.75**

**Any**  
10 Specialty rolls  
**114.49**

**Any**  
15 Specialty rolls  
**162.99**

**Small Party Platter**  
8 House rolls and 2 Specialty rolls  
**63.99**

**Medium Party Platter**  
12 House rolls and 3 Specialty rolls  
**97.95**

**10 House rolls**  
**55.49**

**15 House rolls**  
**80.49**

**25 House Roll**  
**134.99**

**Garden Platter**  
8 veggie, 2 veggie special rolls  
**52.99**