

## COMBO SPECIALS

**8 pc Nigiri & 1 House Roll**  
25.95

**3 House Rolls**  
19.49

**2 House & 1 Special Roll**  
26.49

**1 House & 1 Special Roll**  
19.75

**2 Special Rolls**  
26.49

**10 pc Nigiri or Sashimi**  
26.95

## LUNCH SPECIALS

Mon-Fri 11am-3pm  
Served with salad, miso soup or soup of the day

**6 pc Nigiri and 1 House Roll**  
16.95

**2 House Roll**  
12.49

**1 Specialty Roll and 1 House Roll**  
16.95

**1 House Noodles**  
12.95

All entrees come with soup for lunch special

## STARTERS

|                                                                                                                                  |       |
|----------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Crispy Rice Cakes</b><br>Topped with your choice of spicy tuna, salmon, or kani                                               | 12.95 |
| <b>Edamame</b>                                                                                                                   | 7.49  |
| <b>Crispy Honey Chili Krab Sticks</b><br>Tempura krab sticks w sweet and spicy chipotle honey chili sauce                        | 10.50 |
| <b>French Fries</b> Choose regular/spicy/roasted garlic                                                                          | 7.49  |
| <b>Tempura Onion Rings</b>                                                                                                       | 9.49  |
| <b>Grilled Salmon Skewers</b><br>Served with ginger teriyaki dipping sauce                                                       | 12.95 |
| <b>Salmon Tataki</b><br>Marinated seared salmon slices with teriyaki, cucumber and scallion                                      | 11.95 |
| <b>Peppered Tuna Tataki</b><br>Seared peppered tuna slices w teriyaki, cucumber and scallions                                    | 14.95 |
| <b>Spicy Sushi Pizza</b> (tuna or salmon)<br>Crispy tortilla, scallion and masago w. spicy, sweet sauce                          | 12.95 |
| <b>Avocado Bomb</b><br>Choice of spicy tuna or salmon wrapped in avocado w sweet and spicy sauce served w/ crispy tortilla chips | 12.95 |
| <b>Sushi Poppers</b><br>Fried rice poppers spicy tuna filled center. Served with teriyaki                                        | 11.95 |
| <b>Tempura Vegetables</b><br>Tempura style sweet potato, zucchini and onion, w teriyaki dipping sauce                            | 11.95 |
| <b>Tuna Ceviche</b><br>Tuna, marinated with citrus ginger soy sauce, with cucumber and avocado                                   | 13.99 |
| <b>Vegetable Gyoza Dumplings</b> 6pcs<br>Dumplings steamed or fried                                                              | 10.50 |
| <b>Ahi Nachos</b><br>Ahi tuna cilantro, scallions, bell peppers, ginger soy, served with crispy "home made" nacho chips          | 11.95 |
| <b>Fish Tacos</b> 2 pcs<br>in soft shell taco with Lettuce, pickled shallots, fresh basil, chili flakes, ginger dressing         | 11.95 |
| <b>Sweet Potato Fries</b><br>Sweet potato wedges coated with tempura batter, sweet and spicy bbq spice                           | 10.50 |

## SALADS

|                                                                                                                                               |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Asian Green Salad</b><br>With ginger dressing – mesclun greens, cucumber, cherry tomato, red onion                                         | 8.95  |
| <b>Citrus Salad</b><br>Baby spinach, orange segments, wasabi soy nuts, dried cherries, shallots w/ ginger lime vinaigrette                    | 14.00 |
| <b>Grilled Sesame Salmon Salad</b><br>Baby spinach, cucumber, grilled sesame crusted salmon, cherry tomatoes, red onion, ginger lime dressing | 18.99 |
| <b>Seared Tuna Salad</b><br>Mesclun greens, cucumber, seared tuna, scallions, cherry tomatoes, soy balsamic dressing                          | 18.99 |
| <b>Shredded Spicy Kani Salad</b><br>Shredded kani, cucumber and carrot, spicy sauce and sesame seeds                                          | 10.50 |
| <b>Marinated Edamame Salad</b><br>Edamame beans in ginger soy marinade with shallots, mango, baby spinach                                     | 12.95 |
| <b>Wild Mushroom Salad</b><br>Mesclun greens, sautéed wild mushrooms, cherry tomatoes, avocado, almonds, scallions, soy balsamic              | 14.95 |

## FISH ENTREES

|                                                                                                                      |       |
|----------------------------------------------------------------------------------------------------------------------|-------|
| <b>House Seasoned Grilled Salmon</b><br>Served with steamed brown rice and sautéed squash medley                     | 20.95 |
| <b>Grilled Salmon Teriyaki</b><br>Served with wasabi mashed potatoes and garlic haricot vert                         | 20.95 |
| <b>Honey Pecan Salmon</b><br>Honey pecan glazed grilled salmon served with garlic mashed potatoes and sautéed squash | 20.95 |
| <b>Peppercorn Tuna</b><br>Peppercorn crusted seared ahi tuna served with garlic spinach and scallion rice            | 23.49 |
| <b>Fish n Chips</b><br>Crispy fish fillets served with crispy French fries and tartar sauce                          | 18.99 |
| <b>Sesame Fish</b><br>Served with white rice                                                                         | 18.99 |

## SOUP

|                         |       |
|-------------------------|-------|
| <b>Miso Soup</b>        | 5.49  |
| <b>Soup Of The Day</b>  | 6.49  |
| <b>Udon Noodle Soup</b> | 11.95 |

## HOUSE NOODLES

GLUTEN FREE OPTIONS AVAILABLE

|                                                                                                                                           |       |
|-------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Chili Noodles</b><br>Rnr thick noodles, jalapeno, scallion, cabbage, bell pepper, chili pepper sauce                                   | 11.95 |
| <b>Wild Mushroom Noodles</b><br>Udon noodles, wild mushroom medley, scallions, honey miso garlic sauce                                    | 11.95 |
| <b>Grilled Fish Noodles</b><br>Rnr thin noodles, smokey grilled salmon, bell peppers, carrot, scallions, ginger bbq sauce, tempura crunch | 12.95 |
| <b>Vegi Noodles</b><br>Ramen noodles, zucchini, carrot, scallions, peppers, baby corn, tofu, honey miso garlic sauce                      | 11.95 |
| <b>Pad Thai Style</b><br>Rice noodles, scallion, bell peppers, crispy egg, mushrooms, crushed peanuts                                     | 11.95 |
| <b>Forest Noodles</b><br>Spinach noodles, zucchini, scallion, caramelized onions, baby spinach, tempura crunch, teriyaki                  | 11.95 |
| <b>Garlic Noodles</b><br>Thick wonton noodles, roasted, crispy garlic, garlic teriyaki, caramelized onion, peppers                        | 11.95 |
| <b>Firecracker Noodles</b><br>Udon noodles, habanero cream sauce, roasted peppers, caramelized onions, scallions, tempura crunch          | 11.95 |
| <b>Thai Peanut Noodles</b><br>Rnr thin noodles, spicy thai sesame peanut sauce, scallion, bell peppers, crushed peppers                   | 11.95 |

## ROCKIN SANDWICHES

Served, w/ French fries or tempura onion rings

|                                                                                                                                                |       |
|------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Portobello Griller</b><br>Grilled marinated Portobello mushroom, caramelized onion, baby spinach, roasted garlic spread, balsamic reduction | 14.95 |
| <b>Garlic Tofu Schnitzel</b><br>Schnitzel crusted tofu, mesclun greens, roasted garlic aioli                                                   | 14.95 |
| <b>Zesty Salmon Salad</b><br>Flaked poached salmon, fresh herbs, grilled onions, baby spinach, tartar                                          | 16.99 |
| <b>Sesame Tuna Wasabi</b><br>Seared sesame crusted tuna, scallion, cucumber slaw, wasabi aioli and mesclun greens                              | 16.99 |
| <b>Crispy Fish</b><br>Crispy tempura fish fillet, mesclun greens, creamy tartar, roasted garlic spread                                         | 16.99 |
| <b>Chipotle Salmon</b><br>Bbq glazed grilled salmon, sweet onion jam, mesclun greens, chipotle bbq sauce, crispy sweet potato chip             | 16.99 |

# MENU



**201-499-ROLL**  
(7655)

[WWW.ROCKNROLLTOGO.COM](http://WWW.ROCKNROLLTOGO.COM)

order online

**WE DELIVER**

1448 Queen Anne Road • Teaneck, NJ  
07666

Under strict supervision of R.C.B.C

**HOURS**

SUN-THURS 11AM - 10PM  
FRI 11-4 (SUMMER) • 11-2:30 (WINTER) SAT  
40 MIN AFTER SUNDOWN • TILL 12AM

## SPECIALTY ROLLS

|                                                                                                                             |       |
|-----------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Mamamiya</b><br>Salmon, avocado, caramelized onions, crunch, w/ salmon, masago, teriyaki and spicy mayo                  | 13.99 |
| <b>California Salmon</b><br>California roll, salmon and masago on top                                                       | 13.99 |
| <b>Caribbean Dream</b><br>Salmon, mango, avocado, masago                                                                    | 13.99 |
| <b>Citrus Crunch</b><br>Avocado, kani, scallion, with yellowtail and lemon crunch on top                                    | 13.99 |
| <b>Mapleicious</b><br>Smokey chipotle seared salmon, mango, avocado with masago and pure Vermont maple syrup drizzle on top | 13.99 |
| <b>Crazy Tuna</b><br>Spicy tuna, crunch, avocado w/ spicy mayo, masago and tuna on top                                      | 13.99 |
| <b>Crunch</b><br>Salmon, tempura flakes, cucumber, carrot, spicy sauce                                                      | 13.99 |
| <b>Dragon</b><br>Spicy tuna, crunch, avocado on top                                                                         | 13.99 |
| <b>Salmon Dragon</b><br>Spicy salmon, crunch, avocado on top                                                                | 13.99 |
| <b>Rock n Roll</b><br>Seared peppered tuna, avocado, w/ spicy salmon, crunch and spicy mayo on top                          | 13.99 |
| <b>Mexican</b><br>Spicy salmon, jalapeno, avocado, scallion, crunch, lime                                                   | 13.99 |
| <b>Nutty Tuna</b><br>Spicy tuna, peanuts, avocado, cucumber, crunch, tomago                                                 | 13.99 |
| <b>Passion</b><br>Tuna, avocado w/ yellowtail and sriracha on top                                                           | 13.99 |
| <b>Rainbow</b><br>California inside w/ salmon, tuna, yellowtail, avocado and masago on top                                  | 13.99 |
| <b>TNT</b><br>Spicy tuna, scallion, avocado, jalapeno, crunch, spicy sauce                                                  | 13.99 |
| <b>Yamato</b><br>Spicy tuna, crunch, w/ peppered tuna, masago and spicy sauce on top                                        | 13.99 |
| <b>Viper</b><br>Seared blackened salmon, avocado, mango, masago w/ habanero and sweet sauce                                 | 13.99 |
| <b>Mega</b><br>Spicy tuna, crunch, avocado, scallion, masago and chili lime dust                                            | 13.99 |
| <b>Sushi Lover</b><br>Tuna or salmon inside, crunch, avocado w/ spicy tuna or salmon on top                                 | 13.99 |

## SUSHI SANDWICHES

|                                                                                                            |       |
|------------------------------------------------------------------------------------------------------------|-------|
| <b>Mamamiya</b><br>Salmon, avocado, caramelized onions, crunch, w/ salmon, masago, teriyaki and spicy mayo | 14.99 |
| <b>Spicy Kani Avocado</b>                                                                                  | 13.99 |
| <b>Spicy Salmon Avocado</b>                                                                                | 13.99 |
| <b>Spicy Tuna Avocado</b>                                                                                  | 13.99 |
| <b>Grilled Salmon Avocado</b>                                                                              | 13.99 |



## HOUSE ROLLS

|                                                           |      |
|-----------------------------------------------------------|------|
| <b>California</b>                                         | 6.49 |
| <b>Kani</b>                                               | 6.49 |
| <b>Spicy Kani</b>                                         | 6.99 |
| <b>Spicy Kani Cashew</b>                                  | 6.99 |
| <b>Phili Roll</b> (smoked salmon, imitation cc, cucumber) | 6.99 |
| <b>Salmon</b>                                             | 6.99 |
| <b>Salmon Avocado</b>                                     | 6.99 |
| <b>Salmon Cucumber</b>                                    | 6.99 |
| <b>Spicy Salmon</b> <small>W/ Crunch</small>              | 6.99 |
| <b>Firey Salmon</b> <small>W/ Crunch</small>              | 6.99 |
| <b>Yellowtail</b>                                         | 7.99 |
| <b>Spicy Yellowtail</b>                                   | 7.99 |
| <b>Tuna</b>                                               | 6.99 |
| <b>Tuna Avocado</b>                                       | 6.99 |
| <b>Spicy Tuna</b> <small>W/ Crunch</small>                | 6.99 |
| <b>Firey Tuna</b> <small>W/ Crunch</small>                | 6.99 |
| <b>Honey Tuna</b>                                         | 7.25 |
| <b>Peppered Seared Tuna</b>                               | 7.49 |
| <b>Peppered Seared Tuna Avocado</b>                       | 7.49 |

## COOKED ROLLS

|                                                                                                                         |       |
|-------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Crispy Salmon Skin</b>                                                                                               | 7.99  |
| <b>Grilled Blackened Yellowtail</b>                                                                                     | 7.99  |
| <b>Grilled Portobello Mushroom</b>                                                                                      | 7.99  |
| <b>Grilled Salmon Teriyaki</b>                                                                                          | 7.99  |
| <b>Grilled Tuna Teriyaki</b>                                                                                            | 7.99  |
| <b>Kani Tempura</b>                                                                                                     | 7.49  |
| <b>Sweet Potato Tempura</b>                                                                                             | 7.49  |
| <b>Tomago</b>                                                                                                           | 7.49  |
| <b>Onion Crunch Roll</b><br><small>Tempura onion w/ sweet, white sauce</small>                                          | 7.49  |
| <b>Mango Roll</b><br><small>Mango, kani tempura, avocado, crunch, w/ spicy mango sauce</small>                          | 8.95  |
| <b>Spider</b><br><small>Kani tempura, cucumber, avocado, crunch, spicy and teriyaki sauce drizzle</small>               | 8.95  |
| <b>Crackle</b><br><small>Crispy salmon, avocado, cucumber w/ spicy kani, crunch, spicy and sweet sauce on top</small>   | 14.99 |
| <b>Vidalia</b><br><small>Grilled salmon, Vidalia onion, crunch, avocado, cucumber, spicy and teriyaki sauce</small>     | 14.99 |
| <b>Volcano</b><br><small>Cooked salmon, avocado, jalapeno, wrapped in tempura kani w/ sweet and spicy sauce new</small> | 14.99 |

## TEMPURA ROLLS

|                                                                                                                                      |       |
|--------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Kani Monster</b><br><small>Kani roll, tempura style with spicy sauce and teriyaki</small>                                         | 13.99 |
| <b>Monster</b><br><small>Salmon, kani, tuna, tempura style with spicy sauce and teriyaki</small>                                     | 14.99 |
| <b>Salmon Tempura</b><br><small>Salmon roll, tempura style with spicy sauce and teriyaki</small>                                     | 14.99 |
| <b>Godzilla</b><br><small>Salmon, tuna, kani, avocado tempura with spicy sauce and teriyaki</small>                                  | 14.99 |
| <b>Animal</b><br><small>Sweet potato tempura, salmon, kani, caramelized onions, topped with wasabi mayo</small>                      | 14.99 |
| <b>Hot Kani</b><br><small>Kani tempura, sweet potato, tempura style with crunchy, spicy kani, spicy mayo and teriyaki on top</small> | 16.25 |

## HAND ROLLS

|                         |      |
|-------------------------|------|
| <b>Kani</b>             | 6.49 |
| <b>Salmon</b>           | 6.99 |
| <b>Spicy Salmon</b>     | 6.99 |
| <b>Peppered Tuna</b>    | 7.49 |
| <b>Spicy Yellowtail</b> | 7.99 |
| <b>Tuna</b>             | 6.99 |
| <b>Yellowtail</b>       | 7.99 |
| <b>Spicy Tuna</b>       | 6.99 |

## SASHIMI/NIGIRI 2PC

|                             |      |
|-----------------------------|------|
| <b>Kani</b>                 | 5.25 |
| <b>Peppered Seared Tuna</b> | 6.49 |
| <b>Salmon</b>               | 5.49 |
| <b>Tuna</b>                 | 6.25 |
| <b>Yellowtail</b>           | 6.99 |

## VEGETABLE ROLLS

|                                                |      |
|------------------------------------------------|------|
| <b>Avocado</b>                                 | 5.99 |
| <b>Cucumber Avocado</b>                        | 5.99 |
| <b>Cucumber</b>                                | 5.99 |
| <b>Garden Roll (carrot, cucumber, avocado)</b> | 5.99 |
| <b>Carrot</b>                                  | 5.49 |
| <b>Pickled Daikon</b>                          | 6.49 |

## VEGGIE SPECIAL ROLLS

|                                                                                                                        |       |
|------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Sweet "p"</b><br><small>Sweet potato tempura, carrot, avocado, spicy mayo, sweet potato crunchies, teriyaki</small> | 12.99 |
| <b>Green Crunch</b><br><small>Cucumber, avocado, spinach, crunch, wasabi mayo</small>                                  | 12.99 |
| <b>Tropical</b><br><small>Mango, daikon, cucumber, pickled ginger, carrot, mango jalapeno sauce</small>                | 12.99 |
| <b>Veggie Monster</b><br><small>Cucumber, avocado, carrot, spinach, sweet potato</small>                               | 12.99 |
| <b>Nut Job</b><br><small>Avocado, cashew, peanuts, cucumber, spicy sauce teriyaki and crunch</small>                   | 12.99 |

## NO RICE SPECIALTY ROLLS

|                                                                                                                                                     |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| <b>Blizzard</b><br><small>Salmon, tuna, yellowtail, kani, avocado, cucumber, spicy tuna, wrapped in soy wrapper</small>                             | 17.50 |
| <b>Paco</b><br><small>Spicy shredded kani, peppered tuna, avocado, wrapped in soy wrapper</small>                                                   | 17.50 |
| <b>King</b><br><small>Salmon, yellowtail, scallions, oshinko, ginger, jalapeno, avocado, wrapped in soy paper topped with spicy mango sauce</small> | 17.50 |
| <b>Dream</b><br><small>Spicy tuna, salmon and avocado wrapped in cucumber -cut in 6 pcs</small>                                                     | 14.95 |



## PARTY PLATTERS

**Any**  
5 Specialty rolls  
**63.49**

**Any**  
10 Specialty rolls  
**123.95**

**Any**  
15 Specialty rolls  
**175.99**

**Small Party Platter**  
8 House rolls and 2 Specialty rolls  
**69.25**

**Med Party Platter**  
12 House rolls and 3 Specialty rolls  
**105.95**

**Large Party Platter**  
15 House rolls and 5 Specialty rolls  
**146.99**

**10 House rolls**  
**59.99**

**15 House rolls**  
**86.99**

**25 House Roll**  
**145.99**

**SM Garden Platter**  
8 veg, 2 veg special rolls  
**57.99**

**Med Garden Platter**  
12 veg, 3 veg special rolls  
**91.99**